

Name of Department: DEPARTMENT OF GERIATRICS

Location of Department: SECOND FLOOR , NEW MEDICINE BUILDING

Details of Faculties:

Sr.No	Name	Designation
1.	Dr Mangala Borkar Sonavani	Professor
2.	Dr Shailaja V Rao	Associate Professor and HOD
3.	Dr Mahesh Patil	Assistant professor
4.	Dr Zeba Firdous	Senior Resident

Temporary Staff/Contractual

Sr.No	Name	Number
1	Contractual Professor	01
2	Contractual Associate Professor	00
3	Contractual Assistant Professor	01
4	Senior Resident Sanction Post	01
5	Per Year Intake of PG	05

Faculty Information

Name: Dr Mangala Borkar Sonavani

Email: Kargalman@gmail.com



QUALIFICATION:

- 1. MBBS:** December 1976, Government Medical College , Aurangabad- Chhatrapati Sambhajinagar
- 2. MD General Medicine:** December 1980, Government Medical College , Aurangabad- Chhatrapati Sambhajinagar
- 3. Other Courses in any:** Post Graduate Diploma in Geriatric Medicine from NIMS University , Rajasthan
Diploma in Diabetic Management

PRESENT DESIGNATION:

Professor, Department of Geriatrics,
Govt. Medical College Chhatrapati Sambhajinagar (MS) 431001
PG Teacher of MUHS in Geriatrics
PhD Guide in Geriatrics under MUHS Nashik

Publication:

National: 17 International: 27

Books:

1. A Handbook of Geriatric orthopedics (2019)
2. The 15 Geriatric Syndromes (2021)

Resource Person:

1. NHRSC
2. Master Trainer at NPHCE

Awards:

1. Gold Medalist in OBGY(C L Zaveri) , Pathology(NCIDC) and Rank 1st Medicine(Bhogaonkar) under BAMU
2. Lokmat Gold Medal for Bachelor of Mass Communication and Journalism (BMCJ),2009 under Babasaheb Ambedkar Marathwada University

Life member of subject associations:

1. Indian Academy of Geriatrics
2. Geriatric Society of India
3. Physicians Association

Faculty Information

Name: Dr Shailaja V Rao

Email: Shaildr23@gmail.com

QUALIFICATION:

- 1. MBBS:** March 1996, MGM Medical College , Indore
- 2. MD General Medicine :** July 2001 , GMC Aurangabad
- 3. Other Courses in any:** Post Graduate Diploma in Geriatric Medicine from NIMS University Rajasthan
Pursuing PhD in Geriatrics under MUHS, Nashik (2020 Batch)

PRESENT DESIGNATION:

Associate Professor and Head of Department, Department of Geriatrics
Govt. Medical College Chhatrapati Sambhajinagar (MS) 431001
PG Guide in Geriatrics under MUHS

Publication:

National: 08
International: 12

Books:

1. A Handbook of Geriatric Orthopedics -2019 (authored one chapter)
2. The 15 Geriatric Syndromes- 2021 (authored one chapter)

Resource Person:

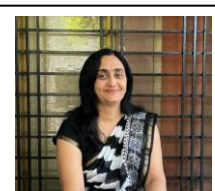
1. NHRSC
2. Master Trainer at NPHCE

Awards:

1. Awarded as Fellowship in Geriatrics by Geriatric Society Of India at Geriatrics Conclave 2019
2. Outstanding Female Physician Award by Lokmat in 2016
3. COVID Warrior Award

Life member of subject associations:

1. Indian Academy of Geriatrics
2. Geriatric Society of India
3. RSSDI



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Faculty Information

Name: Dr Mahesh Shrikishan Patil

Email: drmaheshpatil77@gmail.com

QUALIFICATION:

1. MBBS: February 2014, Dr VMGMC Solapur

2. MD/MS: September 2021, GMC Aurangabad Chhatrapati Sambhajinagar

3. Other Courses in any: Pursuing PhD in Geriatrics under MUHS, Nashik

PRESENT DESIGNATION:

Assistant Professor, Department of Geriatrics

Govt. Medical College Chhatrapati Sambhajinagar (MS) 431001



Publication:

National: 04

International: 02

Books:

1. A Handbook of Geriatric Orthopedics -2019 (authored one chapter)

2. The 15 Geriatric Syndromes- 2021 (authored one chapter)

Resource Person:

1. NHRSC

2. Master Trainer at NPHCE

Awards:

1. First Prize in Paper Presentation at Geriatrics Conclave, New Delhi , April 2019

2. Third Prize in Paper Presentation at Multicon 2021

Life member of subject associations:

1. Indian Academy of Geriatrics

Faculty Information

Name: Dr Zeba Firdous

Email: drzebagmca@gmail.com

QUALIFICATION:

1. MBBS: February 2016, GMC Aurangabad- Chhatrapati Sambhajinagar

2. MD/MS: September 2021, GMC Aurangabad- Chhatrapati Sambhajinagar

3. Other Courses in any: -

PRESENT DESIGNATION:

Senior Resident , Department of Geriatrics, Govt. Medical College Chhatrapati Sambhajinagar (MS) 431001

Publication:

National: 06

International: 03

Books:

1. A Handbook of Geriatric Orthopedics -2019 (authored one chapter)

2. The 15 Geriatric Syndromes- 2021 (authored one chapter)

Resource Person:

1. NHRSC

2. Master Trainer at NPHCE

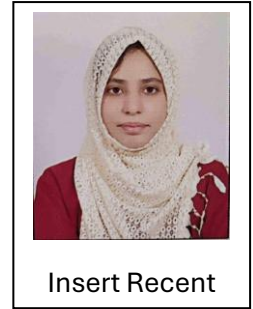
Awards:

1. First Prize in Paper Presentation at GOSICON 2019,

2. First Prize in Paper Presentation at MULTICON 2021

Life member of subject associations:

1. Indian Academy of Geriatrics



Facilities provided by the Departments: (Patient care/Lab/others)

Sr.No	Particulars	Utilities
1.	Comprehensive Geriatric Assessment	Screening and management of Geriatric Syndromes
2.	Geriatric Speciality Clinics at OPD <ul style="list-style-type: none"> - Memory Clinic - Fall Prevention and Osteoporosis Clinic Urinary Incontinence Clinic	To screen and manage Dementia, Falls , Incontinence
3.	Pulmonary Functioning Testing	In patients with Respiratory Diseases
4.	Ward has separate 2D Echo machine	Patients are screened for Cardiac Issues
5.	Procedures Done: Bone marrow Aspiration and Biopsy, Pleural Tapping, Ascitic Tapping, Lumbar Puncture, Central line insertion and Intubation	Diagnostic and Therapeutic
6.	Training imparted to MPH students of Community Medicine Department on Nutrition in Elderly.	
7.	Guidance to patients & relatives . Teachers as well as residents daily counsel relatives. Special counselling is held for stroke and severe bedridden patients.	Majority of the geriatric patients are dependent on care giver for day to day activities as well as financially and it is very important the department strives to improve the wellbeing of the patients by thoroughly counselling their caregivers
8	Yoga demonstration by Residents to stable patients and caregivers in Ward.	
9.	Stroke Counselling of relatives of patients with stroke admitted in Geriatric and Medicine wards regarding RT, Foley's Care, Physiotherapy, Medication Compliance, Nutrition, Bed sore prevention and care.	

Sr.No	Particulars	Utilities
10	<p>EQUIPMENTS AVAILABLE IN WARD:</p> <p>Assistive Devices – Walking frames, Wheel chairs, Bedside Chairs</p> <ul style="list-style-type: none"> ● Medical Equipment: Central Oxygen supply, Defibrillator, Ventilator, Portable 2D ECHO machine, ECG machine, Nebuliser, Suction Apparatus, Cardiac Monitor, Pulse Oximeter, Alpha Beds, Ambu bag, Laryngoscope, Ophthalmoscope ● Lab equipments –Infusion pump, Glucometer ● Audio visual aids: TV, LCD Projector, Speaker 	Patient care, Diagnosis and Management
11.	<p>Department has :</p> <p>ECG Museum (Display of different types of 140 ECG)</p> <ul style="list-style-type: none"> ● Classroom / Lecture Hall with Smart Screen and Internet Connectivity ● Library with 149 Geriatrics and Allied Medical books ● Radiology Museum. 	Important in Academic activities

Achievements of Department:

Sr.No	Particulars
1.	Dr Mangala Borkar Sonavani – Guest Faculty in MAPCON, GSICON and other associations Resource person NHRSC Master Trainer at NPHCE
2.	Dr Shailaja V Rao – Awarded Fellowship in Geriatrics by Geriatric Society of India at Geriatrics Conclave -New Delhi , 2019 Resource person NHRSC Master Trainer at NPHCE
3.	Regional Geriatric Centre approved from MOHFW
4.	Geriatrics department has been considered as a Core department for COVID work (Wards and Critical Care)
5.	CME – SENSOR-1 (Sensitization and Orientation to Geriatrics) in April 2019 WEBINARS CONDUCTED : ➤ under COVID TASK FORCE, GMCH Aurangabad ➤ “Protect Your Kidneys ” at IMA Aurangabad ➤ “Know Dementia, know Alzheimers” at IMA Aurangabad ➤ 15 March 2023: Webinar on “ Protect your kidneys” ➤ Webinar on International Day for older persons – NPHCE ➤ Lecture at GOSICON 2023 webinar ➤ Webinar on prevention of osteoporosis CME- Webinar on KNOW DEMENTIA, KNOW ALZHEIMERS Conducted on 26 September 2024
6.	Comprehensive Geriatric Care: State level Training of Trainers under NPHCE , Aurangabad in December 2019
7.	District level (Gadchiroli and Chandrapur) Training of Trainers under NPHCE , Aurangabad in December 2020 on Online platform.
8.	National Level Training of Trainers under NPHCE

Sr.No	Particulars
9.	9 visits to Old age homes in and near Chharapati Sambhajinagar (Matoshree, Muktisopan And Sneha- Savali) Health Camps – 17 MahaArogyaShibir across Maharashtra and 12 local camps in Chhatrapati Sambhajinagar and Marathwada Region
10.	MD Geriatric Students who Recived Indumati Vishwanath Sonawani Gold Medal : Dr Ashish Rajan(2021), Dr Sadhana Jayabhaye(2022) , Dr Kehkashan Farooqui(2022)
11.	Awards for Paper Presentation in National and International Conferences : Dr Ashish Rajan , Dr Zeba Firdous, Dr Mahesh Patil, Dr Manveen Kaur , Dr Anand Wakure, Dr Shruti Karnik, Dr Praveen Taseer, Dr Abhijeet Khapare
12.	Award for Poster Presentation: Dr Milind Khade, Dr Prasad Gaikwad , Dr Anuradha Munde, Dr Shital Jadhav

Future-Plans (if any)

Sr.No	Particulars	Utilities
1	Commissioning of already approved Regional Geriatric Centre	Geriatric patients from Marathwada region and periphery will be benifitted
2	Centre of Excellence in Geriatrics Under MUHS, Nashik	More research work in field of Geriatrics
3	Online Certificate Course in Geriatric Medicine	Learning opportunity in field of Geriatrics for MBBS Graduates
4.	Post Graduate Diploma in Geriatric Medicine	Learning opportunity for interested candidates .
5.	Weekly Geriatrics Speciality at UHTC Shahgunj	More patient coverage

Other information : Our Motto: "Towards a Happier Old Age"

Geriatrics is the comprehensive healthcare of individuals aged 60 and above. Taking into consideration the ever growing population of the geriatric age group (almost 10 % in India), the need for a specialised department catering solely to geriatric age group was felt way back in 2013 and step by step preparation including acquiring various permissions from government and affiliating university (MUHS), training of teaching staff, acquiring infrastructure from whatever surplus was available in the Department of Medicine and GMC Aurangabad, was started by Dr.Mangala Borkar-Sonavani (Then Professor of Medicine) and Dr.Shailaja.V.Rao (then Associate Professor of Medicine).

The Department of Geriatrics at GMC, Chhatrapati Sambhajnagar is the First Post Graduate Geriatric Department in Maharashtra . When we started in 2018 there were only two other Geriatrics Department in India , one in AIIMS Delhi and another in MMC Chennai The Department started functioning in late December 2016 and received formal permission for establishment of Department from Government of Maharashtra in 2017 by GR. The department underwent MCI Inspection in July 2017 and received permission to take three postgraduates from May 2018. However, since 2022 , the intake capacity is increased from 3 MD Geriatrics to 5 MD Geriatrics seats .

(Recognized by National Medical Commission)

Courses offered by Department of Geriatrics: Affiliated to Maharashtra University of Health Sciences , Nashik

- MD GERIATICS running since 2018 with current admission capacity: 5 PG students per year
- Ph.D IN GERIATRICS (currently 2 PhD Scholars persuing PhD under Guide Dr Mangala Borkar Sonavani
- FELLOWSHIP IN GERIATRICS
- Online Certificate Course in Geriatric Medicine Under Final Stages of Approval

Department has been sanctioned Regional Geriatric Centre from Ministry of Health and Family Welfare Currently Regional Geriatric Centre (RGC) is approved without funds , hence we are waiting for funds to commission RGC.

Department infrastructure

GERIATRIC WELLNESS CENTRE - INAUGURATED BY RESPECTED DEAN DR SUKRE SIR



A) ECG MUSEUM AND LECTURE HALL



B) RADIOLOGY MUSEUM



C) GOLD MEDALS IN GERIATRICS

